

# Shared Master Social Work Services

## Northwest AEA Shared Social Work Services

### OVERVIEW AND PURPOSE

A Northwest AEA Shared Master Social Worker (SMSW) will help students who are displaying symptoms that interfere with the success of their school experience by providing individual or group therapy at the student's school. Direct and brief therapeutic services for students are confidential with family consent required. SMSW may also serve the capacity of bridging service providers, networking with community providers, and assisting families with referral for long-term or family services.



### REQUIREMENTS

Students must be in pre-K through 12th grade. Once a school team has identified the need for SMSW services, the identified school liaison will contact the student's guardian to complete the written consent for the student to receive mental health intervention. After getting consent, the school liaison will then complete the SMSW referral form.



### THERAPEUTIC INTERVENTIONS ADDRESS:

- Emotion regulation
- Anger management
- Increasing concentration
- Impulse control
- Self-esteem
- Problem-solving
- Relationship skills
- Anxiety management
- Develop coping and resilience skills
- Other topics identified as needed

### PROCESS

Once the referral is received, the SMSW will complete an assessment of the child's needs by gathering information from parents, child, and school staff. The SMSW will also communicate with teachers, parents and community resources to enhance and ensure that services are thorough and well aligned in effort to support all student services.

The SMSW will provide ongoing support to you and your child's school staff regarding your child's mental health needs. Therapeutic interventions may include but are not limited to: Trauma-informed practices, DBT (Dialectical behavioral therapy), CBT (Cognitive behavioral therapy), MATCH-ADTC (Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems), CBITS (Cognitive-Behavioral Intervention for Trauma in Schools), etc. Student progress will be regularly reviewed for ongoing evidence-based decision making by SMSW, parents, and school staff.

If your child needs long-term mental health intervention, the SMSW will work with you to find an appropriate service for your child outside of the school, and offer collaboration. Added resource and referral information for the family is also available. Confidentiality will be maintained and respected to the highest standards presented within professional social work code of ethics.



Participating schools: Cherokee CSD, Denison CSD, Ridge View High - Holstein, River Valley CSD, Schleswig, Sergeant Bluff CSD, Westwood CSD, Woodbury Central CSD



NORTHWEST AREA EDUCATION AGENCY

It is the policy of Northwest Area Education Agency not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age, marital status, sexual orientation, gender identity and socioeconomic status in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy, please contact Jerome Schaefer, Equity Coordinator, 1520 Morningside Avenue, Sioux City, Iowa 51106, 712-222-6114.

July 2016



## Shared Master Social Work Services

Northwest AEA

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### DENISON REGIONAL OFFICE

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888/472-6037



### PARTICIPATING SCHOOLS

- Cherokee CSD
- Denison CSD
- Ridge View High - Holstein
- River Valley CSD
- Schleswig CSD
- Sergeant Bluff CSD
- Westwood CSD
- Woodbury Central CSD
- West Monona CSD

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[www.nwaea.org](http://www.nwaea.org)

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